Iowa WIC Program 1-800-532-1579



Your child has you. And you have WIC

Bureau of Nutrition and Health Promotion

Friday Facts

Week ending Issue: January 29, 2010 - Issue #48

Policy

From the WIC Services Policy and Procedure Manual — 320.25 Nutrition Educator Guidelines

A WIC nutrition educator must have at least one of the following qualifications:

- A registered dietitian but not licensed in Iowa,
- Successful completion of an undergraduate degree in dietetics from an accredited institution but not completed a dietetic internship,
- Successful completion of an undergraduate degree in dietetics and a dietetic internship from an accredited institution but not completed or passed the dietetic registration exam, or
- Successful completion of an undergraduate or graduate degree in nutrition from an accredited institution.

Available Formula

New Formulas in IWIN

TwoCal HN

TwoCal HN, a ready-to-use formula manufactured by Abbott nutrition is now available for use in IWIN. This high calorie product also provides increased protein for stressed patient's with increased needs. The increased calories assist with weight gain and maintenance. TwoCal HN is issued in an 8 ounce can and comes in the flavors of vanilla and butter pecan. When issuing this product only 48 cans are allowed per check.

Periflex Junior

Periflex Junior by Nutricia has been added to IWIN. This product is a powdered phenylalanine free medical food for toddlers and young children with PKU. Periflex Junior comes in a 16 oz can and can either be unflavored or be flavored as chocolate or orange. Due to the cost of this product only 2 cans should be placed on each check.

The Formula Issuance for Women and Children document has been updated and posted to the WIC website reflecting these changes.

Product	Quantity	Expiration Date	Agency	Contact
Neocate Infant	5 cans - 14 oz powder		Siouxland District Health DeptWIC	
Enfaport Lipil	48 – 8 oz cans	06/2010	Mid-Sioux WIC	Glenda Heyderhoff @ 712-786-3488